Information for those seeking asylum in Sweden after 6 February

When arriving in Sweden without a negative Covid-19 test
Anyone older than 18 years who arrives in Sweden without a negative Covid-19 test less than 48h old should conduct a test as soon as possible and self-isolate for at least seven days following arrival in Sweden.

Self-isolation
Self-isolating means staying home and not leaving your accommodation. You and your household members should not go out, not even to buy food or other essentials, or for exercise. You should ask a Migrationsverket employee to help out with your necessities. If you stay in a shared accommodation, stay in your flat/room.

Do conduct a PCR Covid-19 test as soon as possible
You should contact a health center to conduct a PCR covid-19 test. While waiting for the result, you and those you live together with, have to self-isolate. After another five days, you need to conduct a second PCR covid-19 test. An employee at Migrationsverket can assist you in contacting the health center.

If you have any questions or need advice, please contact a Swedish Migration Agency employee for further information.

You have a personal responsibility
You should take precautionary measures to protect yourself and others from the spread of Covid-19.

Wash your hands frequently
Wash your hands often and thoroughly, or use hand sanitiser.

Limit close contact and maintain your distance
You should keep a distance from other people and limit your social contacts.